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Trek – Chamba 2

Duration: 11N/12D

Key Sights: Delhi - Chandigarh - Dharamsala - Mcleodganj - Triund - Lahesh Cave - Indrahara Pass - Chatru Parao - Kuarsi - Lamu - Choli village - Chamba - Amritsar - Delhi

Season: Apr- June, Sept-Oct

Max Altitude: 3660 m

Day	Route	Altitude	Mode	Distance / Time
Day 01	Home - Delhi		By flight	
Day 02	Delhi - Chandigarh		By Flight	
	Chandigarh - Dharamsala		By Road	244 KM/05 Hours Approx
Day 03	Dharamsala			
Day 04	Dharamsala - Mcleodganj	(1770m)	By Road	7.7KM/20 mins Approx
	Mcleodganj - Triund	(2800m)	By Trek	09 KM/04 Hours Approx
Day 05	Triund	(2800m)		
Day 06	Triund - Lahesh Cave	(3600m)	By trek	06 KM/05 Hours Approx
Day 07	Lahesh - Indrahara Pass - Chatta Parao	(4350m)	By Trek	07 KM/06 Hours Approx
Day 08	Chatru Parao - Kuarsi	(2730m)	By Trek	14 KM/05 Hours Approx
Day 09	Kwarsi - Lamu - Choli village	(2730m)	By Trek	08 KM/04 Hours Approx
Day 10	Choli Village - Chamba	(726m)	By Road	50 KM/02 Hours Approx
Day 11	Chamba - Amritsar		By Road	215 KM/05 Hours Approx
	Amritsar - Delhi		By flight	
Day 12	Delhi - Home		By Flight	

Important Information:

- Tours will operate with minimum 06 Pax.
- Check-in / out time is 12 noon at most of the hotels.
- Extension to other places is also possible with a minimal extra cost.
- Additional nights are available at each place with minimal supplement.
- A visa is required and must be obtained prior to your departure from your Country.
- If quoted hotel is not available, we will provide one of a similar category and standard.
- Small deviations in the tour program are sometimes necessary, depending on weather,
- Road conditions, flight schedules and room availability.
- In case the government changes **presently applicable taxes, increase in airlines prices,**
- **Fuel surcharge** our rates will need to be adjusted accordingly.
- In India there is no relevance between the distance and time of travelling, as it depends



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- Upon the condition of the roads and congestion of the traffic.
- While every effort will be made to maintain the itinerary, in view of local strikes etc that are beyond our control all schedule and itineraries are subject to last moment changes.
- Clients must be fully insured, as the company cannot accept liability for loss or damage to client's property, medical emergencies or any other loss suffered by them whilst on tour.
- In case of issuing Domestic or International air tickets, SGV is not responsible for any Refund if the flight is delayed or cancelled, as it is the responsibility of airline.

Day 01	Home - Delhi		By flight	
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Arrive Delhi, meet & assist at the airport with fresh flower garlands and transfer to hotel. Overnight at hotel.

Day 02	Delhi - Chandigarh Chandigarh - Dharamsala		By Flight By Road	244 KM/05 Hours Approx
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After breakfast transfer to Delhi airport to catch flight for Chandigarh. On arrival, drive towards Dharamsala. Overnight at hotel.

Day 03	Dharamsala			
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Morning after breakfast full day sightseeing of Dharamshala.

Dharamsala- Set against the snow-clad Dhauladhar mountains, Dharamshala nestles on the high slopes in the upper ranges of Kangra valley. It is a picturesque town set among thick conifer forests. Dharamshala, where the celebrated Dalai Lama has settled in exile is a spectacular Tibetan township. Blessed with marvellous landscapes, Dharamshala is a travellers paradise with lofty snow peaks, deep gorges, lush green valleys, gushing rivers, enchanting mountain lakes, flower-adorned meadows, beautiful temples and striking monasteries, it feels like you have stepped back in time. Dharamsala offers sightseeing which ranges from temples, churches and monasteries to museums, ancient towns to places of natural beauty.

Tsuglagkhang Temple: Tsuglagkhang Temple is the most known Buddhist site in McLeodganj. Here are three majestic images of Buddha, including a gilded statue of Shakyamuni, statues of Valokitesvara and Padamasambhava, or Guru Rinpoche, the Indian scholar who is attributed with the introduction of Buddhism and Tantric teachings to Tibet in the 8th century.

Kalachakra Temple: Set next to the Tsuglagkhang Temple, the Kalachakra Temple is open to the public as the center for pilgrimage. Because of its murals and architecture, it also serves



as a representation of Tibet’s rich spiritual and artistic ethnicity. The Dalai Lama uses this temple as the center for public teaching.

The Namgyal Monastery: Established by the 3rd Dalai Lama, this monastery serves exclusively the Dalai Lamas. A unique feature of this monastery is its diversity of practice. Namgyal monks perform prayers and rituals of all the major schools of Tibetan Buddhism.

Dip Tse-Chok Ling Gompa: This beautiful little gompa is situated at the base of a steep track. The main prayer hall contains an image of Shakyamuni, as well as two enormous drums covered in goat skin and painted around the rim, which were made by monks at the gompa. Here you will also find some superb butter sculptures, which are made during Losar. Fine and detailed sand mandalas are also made here. Overnight at hotel.

Day 04	Dharamsala - Mcleodganj	(1770m)	By Road	7.7KM/20 mins Approx
	Mcleodganj - Triund	(2800m)	By Trek	09 KM/04 Hours Approx

After morning breakfast drive to Mcleodganj trekking start point and start trekking to Triund. Mcleodganj to Triund, gradual trek. The trek offers you panoramic views of Bhagsu village, Mcleodganj, Dharamsala, Kangra valley and distant views of shivalik hills and plains of punjab. Overnight at camp at Triund.

Day 05	Triund	(2800m)		
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Acclimatize to the high altitude at Triund, walk around the area. Overnight camping.

Day 06	Triund - Lahesh Cave	(3600m)	By trek	06 KM/05 Hours Approx
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Where the snow line starts, this trek mostly used by Gaddis (shepherds) is a moderate climb begins with rocky path with oak, tosh and birch wood, vegetation enroute ends at the elevation of 3200 km. And snow line starts. Hot lunch will be served at local café before Illaqua. Lahesh cave 3550m a natural rock cave shelter. After finishing the trek, quite evening, relaxing at campsite.

Day 07	Lahesh - Indrahara Pass - Chatta Parao	(4350m)	By Trek	07 KM/06 Hours Approx
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It is a day to go across the Indrahara pass. Chatta Parao is at the bottom of the Indrahara pass passing through the soft snow and icy streams usually in the month of May the trek passes over rock faces and steep climbs. Many peaks i.e. Dromedary, Camel's slab, Rifthorn, Arthur's Stool and Mun (4650m), visible on both sides of the pass. There is magnificent view of the Kangra and chamba valleys and a distant view of Middle and Greater Himalays. From Indrahara pass trek heads downwards to Chhatta Parao overnight stay at the campsite at Chhatta Parao.



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Day 08	Chatru Parao - Kuarsi	(2730m)	By Trek	14 KM/05 Hours Approx
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This going to be long and challenging day since passing through the glacier and steep and narrow trek descend to Chhatta Nullah (stream), which is 6km. Passing through the whole stretch we reach Kuarsi a beautiful Gaddi village surrounded by pine trees and lush green fields. After along tiring day day relax at the overnight campsite in the village known for its hospitable people.

Day 09	Kwarsi - Lamu - Choli village	(2730m)	By Trek	08 KM/04 Hours Approx
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Before leaving Kuarsi visit to Shiva village temple, descend to village Lamu. At some spots the trek is narrow. Choli is a village just a km from Kuarsi which is our last destination of trekking. The village has the connective road to Chamba district (50km) and Bharmour (14km).

Day 10	Choli Village - Chamba	(726m)	By Road	50 KM/02 Hours Approx
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After breakfast drive to Chamba on arrival check in to hotel.
PM: visit Chamba, Overnight at hotel.

Day 11	Chamba - Amritsar Amritsar - Delhi		By Road By flight	215 KM/05 Hours Approx
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After breakfast, drive towards Amritsar on arrival transfer to airport to catch flight for Delhi. On arrival, transfer to hotel for overnight.

Day 12	Delhi - Home		By Flight	
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Morning transfer to airport to catch flight for home.